Japan Nutrition University

The Student Recruitment Guideline for Year 2027

Graduate School of Japan Nutrition University

The Kagawa Nutrition University opened its door to all gender students under the new name of the Japan Nutrition University(JNU), effective April 2026.

Master's Program <Nutrition Sciences Degree Program>

1. Purpose and Content

The purpose of the University's master's program (first half of the doctoral program) is to help students gain academic knowledge regarding nutrition sciences from a broader perspective on the foundation of the basic education and specialized training acquired in the Undergraduate School of Nutrition Sciences, develop the ability to conduct research in an area of specialization or advanced practical abilities, and contribute to society. In addition, with the creation of the Undergraduate School of Nutrition Sciences, the University has engaged in education related to basic nutrition sciences and training in applied nutrition sciences as its educational aim, and has emphasized it as unique academic knowledge, and the educational policy for this program as well is to aim for advanced learning in applied nutrition sciences. The courses, faculty members, and research areas are as follows. With these, we will cultivate people who are able to resolve issues related to nutrition in today's Japan and international community and those of the future, and take on the responsibility of development. Specifically, we will develop researchers and advanced human resources related to the areas of basic nutrition sciences, applied nutrition sciences, biological sciences, food culture sciences, and food sciences. Information on development of advanced human resources can be found under "Overview of the Advanced Human Resources Development Program." We apply the stipulations of Article 14 of the Standards for the Establishment of Graduate Schools (Special Provisions on Education Methods) and hold some courses of this major program on Saturday at the Sakado Campus. Necessary research guidance can be conducted at night or other specific times, or at other graduate schools or research laboratories, etc., for no more than one year, in accordance with discussions with those organizations. In addition, the University's Graduate School Nutrition Sciences Major "Course Certification Program" (program name: Program for Development of Advanced Human Resources Related to Establishment of Dietary Environments to Extend the Length of Healthy Lives) which has been certified by the Ministry of Education, Culture, Sports, Science and Technology as a "Brush up Program for Professional" (BP) was started during the 2016 academic year.

2. Enrollment capacity: 12 students (Total capacity: 24)

3. Standard length of course of study: 2 years

4. Academic Degree: Master's (Nutrition)

Master's degrees (Nutrition) are awarded to students who have been enrolled in the master's program for at least two years, earned at least 30 credits in course work under the guidance of advisors, and passed a master's thesis (or advanced human resources development training results report in the case of the Advanced Human Resources Development Program) review and a final examination.

5. Courses, Credits, Assigned Faculty Members

The courses, number of credits, and assigned faculty members in the Nutrition Sciences Major are as indicated on below. When individuals who have acquired junior/senior high school teacher Class-1 certification (home economics) take the specified courses, they can acquire junior/senior high school teacher special certification (home economics), and when those who have acquired nutrition teacher Class-1 certification take the specified courses, they can acquire nutrition teacher special certification. Further, in the Food Services Management Program and Food Analysis/Quality Control Program of the Advanced Human Resources Development Program, qualified dietitians from the Nutrition Sciences Major of the University's Department of Health and Nutrition gain practical experience as dietitians at an on-campus facility while enrolled in the University's Graduate School, and can acquire eligibility for the national exam to become a registered dietitian.

6. Research Guidance

Research guidance is provided by a primary supervisor and up to two sub-supervisors.

7. Overview of Research Guidance

The following is an overview of research guidance for writing a master's thesis. The courses are Specialized Seminar in Nutrition Sciences (2 credits) and Specialized Laboratory Work and Practical Training Seminar in Nutrition Sciences (12 credits). Advisors (faculty members who conduct research guidance, etc.) recruiting students for the new academic year are the full-time faculty members listed below.

Human Growth and Development Studies, Shigeho Tanaka, Professor

On the issues of lifestyle habits (e.g., physical activities and sedentary behaviors as well as sleeping patterns and diet) , nutritional condition and energy requirements of children, adults, and elderly, this course aims at learning methods of collecting and interpreting scientific knowledge, methods of evaluation and experiment planning, and interpretation of the analytical results. The course also aims at deepening understanding on the issues related to lifestyle habits and energy requirements and at enhancing analytical abilities to identify and resolve human growth related issues.

Basic Nutrition, Terue Kawabata, Professor

(1) Students will study the relationship between maternal nutrition (DHA; folic acid; vitamins A, D, and E; amino acids, etc.) during pregnancy and lactation periods, and the growth and development of fetuses, newborns, and infants.

(2) Students will the study the relationship between the diet and diseases that are common or

exclusive to women (such as malnutrition syndrome and dysmenorrhea).

(3) Students will study the relationship between the amount/quality of dietary fatty acids (saturation/n-6 and n-3/trans fatty acids, etc.) and lifestyle diseases (obesity, hyperlipidemia, diabetes, etc.), including the effects of gene polymorphisms.

Nutritional Physiology, Kazuhiro Uenishi, Professor

(1)Changes in bone mass are influenced by lifestyle habits such as diet and exercise. From the perspectives of epidemiology and experimental nutrition, this course will extensively examine and discuss the influences of lifestyle and intake of minerals, including calcium, and vitamins D and K on bone mass in the growth to elderly stages in life.

(2)Absorption and use of calcium and several other minerals by humans, from the perspective of experimental nutrition;

(3)Involvement of athletes with nutrition, through research and interventional studies; and

(4)Lifestyles and physical conditions in the growth stage, in a longitudinal and cross-sectional manner.

Clinical Nutrition, Kazuyo Tsushita, Professor

This course focuses mainly on intervention (health and medical guidance) targeted at adults with lifestyle-related diseases. Students will systematically learn how to plan, implement, and evaluate interventions based on guidelines and other evidence as well as approaches to provide nutritional guidance depending on the patient's condition. Main themes covered include metabolic syndrome, obesity, diabetes, chronic kidney disease, nursing care prevention and health guidance for the elderly aged 75 or over, and lifestyle-related disease control in the workplace (occupational health, health and productivity management).

Nutrition and Food Service Management, Hiromi Ishida, Professor

In this course, students will study nutritional assessment and meal management strategies for the nutritional management of individuals and small groups (such as children in their growth phase, pregnant or lactating women, and athletes) or at food service facilities that prepare school lunches and workplace meals. Students will also conduct research on quality and production control aimed at nutritional management in food service facilities, with the goal of achieving sustainable business management.

Nutrition Education, Fumi Hayashi, Professor

Research in field of nutrition education aims at changing the dietary behaviors of the individual or population through effective communication and other activities to enhance QOL, health

promotion, and disease prevention. Since the health and nutrition problems people face vary depending on their life-stage and lifestyle, we will conduct a research on effective nutrition education strategies based on behavioral science as well as exploring determinants that enabling or inhibiting behavioral changes. Researches will take place in the individual level, as well as the community level.

Community Nutrition, Yukari Takemi, Professor

Community nutrition is a field of research focused on improving dietary environment in local communities and occupational settings. Specifically, this course will cover research on the methodology and evaluation of dietary environment improvement based on assessment of prioritized nutritional issues faced by local communities and workplace populations.

Theory on the Management of Children's Diet, Akemi Nakanishi, Professor

In this course we will conducts research on nutritional and dietary management of school lunch programs and dietary guidance from the perspective of a nutrition educator.
In terms of nutritional and dietary management of school lunches, research will be conducted on determining food intake of children, providing meals tailored to their growth stage and physical constitution, and understanding their eating behavior during school lunchtime. As for dietary guidance, we will develop methods and materials for providing guidance during lunchtime and class hours.

Molecular Nutrition, Akiko Fukushima, Professor

In this course, the process by which dietary factors develop into functional expression will be studied at the genetic level. The process of gene expression involves a number of transcription factors and chromosomal structural changes. These will be analyzed mainly by using molecular biological methods. In addition, we will analyze the mechanism of decreasing expression of lactose degradation enzymes in the weaning period.

Biochemistry, Hisanori Kato, Professor

This course aims to: (1) clarify the working mechanism of food components that are effective for health promotion and disease prevention using cultured cells and laboratory animals and (2) identify genes related to food habits and preferences and investigate their functions.

Physiology, Yukiko Kuribara, Professor

Based on human disease caused by genetic mutation, this course conducts research that will serve as a basis for obesity treatment. Using mouse models of human genetic disease that are exhibiting evident weight loss, we will elucidate the pathogenic mechanism through molecular biological and histopathological analyses to explore potential applications for obesity treatment.

Food Cultural Anthropology, Akiko Moriya, Associate Professor

This course aims at studying the social and cultural aspects of food (i.e., the significance of food to humans) from the anthropological perspective. We will conduct on-site surveys in the fields that are in line with the themes both in Japan and overseas and examine the findings obtained from the comparative cultural perspective.

Food Communication, Kumi Eto, Professor

Food communication is a field of study to understand people's dietary lifestyles with a particular focus on relationships between people. Specifically, we will research children and their families to find out if eating alone or with family members is associated with their diet and health status, and how interaction with people through food in their childhood affects future health status and diet. We will also conduct research to verify the effectiveness of food communication activities implemented in Japan and overseas.

Environmental Education, Rie Imoto, Professor

This course aims to study relationship between dietary life and the environment in terms of housing study and environmental education study. The following are the themes:

(1) Study on food environment such as coordinating dining space

(2) Theoretical study of relationship between dietary life and environmental issues, and study of educational contents and practical method. Exploration of food environmental education including environmental theory, legal system, economic systems, and culture from a viewpoint of ecologically sustainable development (ESD) in school education and social education.

Food Analysis, Teruyuki Usui, Professor

The research focuses on the functional properties of foods using chemical and biochemical experimental methods. Consultation is required in advance to determine the research theme. Planned research includes the functional properties of brown foods (such as soy sauce, miso, mirin, vinegar, maple syrup, and caramel), the development of new oxidation assessment techniques, and the effects of light and oxygen on foods.

Food Material Development, Masataka Saito, Professor

This course aims to prepare food-derived specific components to evaluate the effectiveness of each component as a food ingredient. We will conduct in vitro tests to identify which food components exhibit high functions in tissues or undergo change by processing and then perform comparative analysis with known food products and components by constructing a model experiment system for detailed analysis. At the same time, we will examine the issues in actual use and production and propose solutions. In cooperation with national research institutes and food companies, we will further work on developing food ingredients that can be used to enhance food functionality and quality control.

Food Functions, Noriko Miyazawa, Professor

Students in this course will conduct scientific research on the health benefits of mushrooms that contribute to maintaining and promoting human health as well as to preventing and improving diseases. In particular, we will study the entire process—from mushroom cultivation to processing, cooking, and consumption—and examine their functional properties and benefits from multiple perspectives. The course will also highlight challenges facing the mushroom industry and help students develop the ability to independently conduct research for understanding and solving real-world problems.

Economics of Food System, Yasuhiro Nakashima, Professor

The aim of this course is to acquire the knowledge, literacy, and social science-based approach to accurately understand and interpret related statistics and government/business information necessary to capture the true picture of today's changing food consumption and agriculture as well as food manufacturing, distribution, and service sectors from the perspective of food systems. Building on this foundation, students will conduct research on food environment improvement and sustainable nutrition policies, and by studying case examples in food and nutrition education, agriculture-welfare collaboration, and producer-consumer partnerships, they will examine the current status and challenges facing food and agricultural policies and food businesses.

Food Preparation Science, Keiko Shibata, Professor

This course will conduct multifaceted analyses and examinations of changes to the physical properties, structures, and components of food ingredients caused by heating and cooking by taking physical and chemical measurements and sensory evaluations, and study the relation between the changes and palatability (especially in texture and taste). Also, the course will seek a scientific explanation of the changes in states of the food during the cooking process and examine cooking properties of food ingredients to study rational cooking methods.

Food Preparation Education, Yukie Yanagisawa, Professor

People cook food to achieve various forms, physical properties, and tastes, to meet the nutritional, physiological, and taste demands of the target (i.e. individuals who will eat the food). This course, Food Preparation Education, will focus on the following two themes.

(1) Study of cooking methods from a masticatory perspective to suit the eating function of the target
(2) Study of how to acquire efficient cooking skills by incorporating motion analysis

Overview of the Highly Skilled Human Resources Development Program

Now is the time for professionals who implement human nutrition science.
Nutrition and diet are becoming increasingly important in Japan, where the declining birthrate and the aging of the population are advancing, in order to extend the healthy lifespan of people.
In the Nutrition Sciences Major, we develop advanced human resources who implement nutrition science in society, through the following programs. In addition to specialized experiments, practical training, comprehensive exercises, and other courses required by the master's program, students also take required courses designated by the individual program. In addition, students gain the ability to explore and utilize scientific rationale, the ability to plan and implement more advanced experiments and investigations, the ability to analyze data, the ability to think logically, and other qualities required for advanced human resources, mainly through off-campus on-site practical training and other unique methods of learning indicated below. Students can earn a master's degree (Nutrition Sciences) by compiling the finding of the research in a master's thesis (advanced human resources development training results

Specialized Program	Aim of Development Available Credentials and Qualifications	Characteristics of the Study Method	Students We Seek	Main Assigned Faculty Members (Area)
Clinical Nutrition (Medical)	Students acquire nutrition management skills for clinical settings, including the ability to evaluate the nutritional status of diseases and pathological conditions, nutritional supply, nutrition education, etc., with expertise in clinical nutrition needed for the scientific verification and implementation of the integration of food and health clarified. Acquire eligibility to take certification examinations from academic societies related to the field of clinical nutrition (planned).	Conduct practical training for approximately six months at special functioning hospitals, etc., as an internship. Experience actual clinical nutrition management related to the issues students have set, at the same time writing reports on nutrition management cases, and compile them into a master's thesis.	(1) Students advancing straight from an undergraduate program to a master's program (Individuals expecting to acquire eligibility for the national exam to become a registered dietitian) (2) Registered dietitians working in the clinical nutrition area	The student recruiting for AY 2027 will not be conducted.
Public Nutrition (Administrative Dietitian/Community Nutrition Activities)	Acquire the skills to promote work based on the identification and analysis of the actual circumstances of the health and nutrition issues of local residents in prefectures and municipalities, and the ability to (1) design investigations and analyze data and (2) present information to relevant parties in the area in an easy-to-understand manner, and collaborate with them as needed for the planning and evaluation of effective projects.	Conduct practical training for approximately six months with the cooperation of either (1) a local municipality (Prefectures/, cities/towns/villages) or (2) a private firm engaging in establishment of dietary environments. Using existing data etc., conduct an investigation of regional diagnosis, etc., related to the issues you have set, and compile them in a master's thesis.	(1) Students advancing straight from an undergraduate program to a master's program (Individuals expecting to acquire eligibility for the national exam to become a registered dietitian) (2) Currently active administrative dietitians and other people currently working in the field of public nutrition	Yukari Takemi, Professor (Community Nutrition) Fumi Hayashi, Professor (Nutrition Education)

Food Services Management*1	Acquire the ability to manage organizations so that the latest nutritional knowledge can be utilized in food services, and the ability to apply the acquired knowledge and link it to the projects and activities of the organization with which you are affiliated, and identify and improve problems with current circumstances.	This overlaps with the BP (Program for Development of Advanced Human Resources Related to Establishment of Dietary Environments to Extend the Length of Healthy Lives) of the Ministry of Education, Culture, Sports, Science and Technology. (Students can acquire certificates of completion for the program taken.)	(1) Students advancing straight from an undergraduate program to a master's program (2) Registered dietitians working in the food services management area (3) Individuals currently working in food services	Hiromi Ishida, Professor (Nutrition Management)
Sports Nutrition	Acquire the skills to manage the nutrition of athletes, and the skill to provide meals aligned with the aims of nutrition management in small groups.	Incorporate practical training at a location where support for the nutrition of athletes can be implemented under the guidance of a registered dietitian or practical training involving support for a certain competitive team or teams.	(1) Students advancing straight from an undergraduate program to a master's program (Individuals expecting to acquire eligibility for the national exam to become a registered dietitian) (2) Registered dietitians who have already graduated	Kazuhiro Uenishi, Professor (Physiological Nutrition) Hiromi Ishida, Professor (Nutrition Management)

Global Nutrition	Acquire the international perspective, multicultural understanding, an understanding of international nutrition policy, program planning and implementation management skills, etc., necessary to improve daily living and to conduct activities to improve nutrition, mainly in the field of international cooperation in developing countries, etc.	Conduct practical training for several months in agencies/organizations related to international health and nutrition as an internship. (Select appropriate domestic and foreign institutions according to the applicant's background and language skills.)	(1) Students with a background in nutrition sciences (2) We welcome students from other fields who are experienced in international cooperation or who would like to participate in the field of international nutrition in the future.	The student recruiting for AY 2027 will not be conducted.
Food Analysis/Quality Control*	In addition to deepening knowledge related to food analysis and quality control, acquire expertise in improving the quality of food and optimizing display through training in logical thinking and experimental techniques (functional ingredient analysis, quantitative analysis).	Conduct experiments such as chemical quality evaluation of food and analysis of functional ingredients. Experience food labeling such as nutrition labeling. Conduct food analysis for approximately six months at public research institutes as an internship.	(1) Students advancing straight from an undergraduate program to a master's program (2) Students with a background in nutrition sciences (registered dietitian)	Masataka Saito, Professor (Food Ingredient Development)

*1 [Food Services Management Program] [Food Analysis/Quality Control Program]Qualified dietitians from the Nutrition Sciences Major of the University's Department of Health and Nutrition gain practical experience at an on-campus facility while enrolled in the University's Graduate School, and can also work toward acquisition of eligibility for the national exam to become a registered dietitian. [Dietitian Practical Experience Program]

Master's Program <Health Sciences Program>

1. Purpose and Content

Currently, there is a need to build a health care system and improve the quality of health care workers in Japan to cope with the super-aging society. On the other hand, from a global perspective, an international health crisis management system that can cope with emerging and reemerging infectious disease epidemics and global environmental problems has become an issue.

This program strives to contribute to the promotion of health and the creation of a society that makes this possible by developing healthcare specialists who have the expertise and crisis management capabilities, as well as the high ethical standards, to respond to the needs of contemporary society from a global perspective.

Specific details concerning the development of researchers and experts are as given in the overview of courses, faculty members, research guidance, etc., below. The aim is to cultivate human resources who can take the lead in the three fields of health sciences, clinical pathological biochemistry, and practical school health science. In other words, the aim is to develop 1) specialists in health education and community healthcare/healthcare services, 2) researchers who can identify the true nature of diseases in clinical settings, and 3) researchers and specialists who will drive healthcare in schools.

Meanwhile, the Advanced Human Resource Development Course will develop human resources who can meet the demands of society through on-site training. The contents are as follows.

1) In Health Sciences, we develop human resources who excel in health education and can be active in health promotion centers and sports-related groups. 2) In Clinical Pathological Biochemistry, we develop registered dietitians who engage in nutrition guidance work while utilizing the knowledge of clinical laboratory technicians, who are eligible for the national exam to become a registered dietitian, and who are thoroughly familiar with the field of testing.

In addition, the School Health Teaching Course, which will be newly established in 2022 in place of the Advanced Human Resources Course, will function as a professional graduate school specializing in the training of yogo teachers. The content of the course aims to develop human resources who can become school leaders equipped with solid teaching theories and excellent practical skills, which are essential for driving the development of new schools and playing a leading role in the community and in schools.

In accordance with the stipulations of Article 14 of the Standards for the Establishment of Graduate Schools (Special Provisions on Education Methods), we hold some of the courses of this major program on Saturdays at the Sakado Campus. Necessary research guidance can be given at night /other specific times / other occasion / other methods such as online etc, or at other graduate schools or research laboratories, etc., for no more than one year, following discussions with those organizations.

2. Enrollment capacity: 8 students (Total capacity: 16)

3. Standard length of course of study: 2 years

4. Degree: Master's (Health Sciences)

Master's degrees (Health Sciences) are awarded to students who have been enrolled in the master's program for at least two years, earned at least 30 credits in course work under the guidance of advisors, and passed a master's thesis (or advanced human resources development training results report in the case of the Advanced Human Resources Development Program, research reports in the case of the School Health Teaching Course) review and a final examination.

5. Courses, Credits, Assigned Faculty Members

The courses, number of credits, and assigned faculty members in the Health Sciences Major are as indicated in the table on the following page.

When individuals who have acquired nutrition teacher Class-1 certification take the specified courses, they can acquire nutrition teacher special certification, and when individuals who have acquired junior/senior high school teacher Class-1 certification (health) take the specified courses, they can acquire junior/senior high school teacher special certification (health).

In addition, in the Nutrition Support Clinical Laboratory Technician Program of the Advanced Human Resources Development Program, students in the Nutrition Sciences Major of the University's Department of Health and Nutrition who expect to acquire qualifications as dietitians and clinical laboratory technicians, or graduates who have already acquire both qualifications, can acquire eligibility for the national exam to become a registered dietitian in their second year. (For details, see the Overview of the Advanced Human Resources Development Program of the Health Sciences Major.)

6. Research Guidance

Research guidance is provided by a primary supervisor and up to two sub-supervisors.

7. Overview of Research Guidance

The following is an overview of research guidance for writing a master's thesis. The courses are seminars (2 credits) and laboratory work and practical training (12 credits). Advisors (faculty members who conduct research guidance, etc.) recruiting students for the new academic year are the full-time faculty members listed below.

Kinanthropometry,　Masaharu Kagawa, Professor

The acquisition of knowledge and techniques for accurate evaluation of human morphology and body composition is essential for understanding the growth status, mental and physical health condition, and performance of individuals and groups. Students enrolled in this program can conduct research from a diverse range of topics related to anthropometry and body composition assessments such as: their application for evaluation of various health conditions in young adult women (e.g., normal weight obesity, frailty, sarcopenia, metabolic syndrome, and female underweight/undernutrition syndrome); association with body image and other psychological/mental factors; utilization for maintaining and improving body functions and athletic performance; and assessment of the validity and reproducibility of these measurement techniques.

Sports Methodology,　Yoshinori Kaneko, Professor

(1) Research on development and evaluation of practical physical exercise methods for primary prevention of lifestyle-related diseases and frailty prevention.
(2) Research on health promotion focusing on physical exercise carried out in parks in Japan and overseas.
(3) Research on the relationship between continuous participation in sporting events and health.

Clinical Biochemistry,　Naoko Ikoshi, Professor

Aiming to become a clinical laboratory technician who has a detailed knowledge of diabetes, each student will work to understand the causes, conditions, and classifications of diabetes and learns the latest tests, treatments, and analyses. To achieve this, each student will measure his/her own glycemic excursion and understands the reality of blood glucose management through the experience. In addition, students will study diabetes testing and guidance carried out in clinical practice and pursue how to act as a clinical laboratory technician.

Molecular Biology,　Akiko Fukushima, Professor

Gene expression in intestinal cells often varies depending on dietary factors. This course aims at analyzing this phenomenon at the genetic level using model experimental systems, such as laboratory animals and cultured cell lines. An example is the changes in the expression of mineral transporter genes caused by indigestible carbohydrate intake.

Immunology, Kenichi Ishibashi, Professor

The immune system is one of the important systems for maintaining biological homeostasis involved in the prevention of infection from pathogens and the development of ailments such as allergies. This course aims at undertaking researches on the immune response to microorganisms, which are widely present around us (e.g., in the environment and foods), and their influences on the immune system when consumed, as well as on the infection-fighting functions (e.g., activation of mucosal immunity and antibody production) and immunomodulation properties.

Pediatric Pathology, Toru Akaike, Professor

To prevent diseases that develop in childhood, it is necessary to accurately understand the pathological condition and elucidate the cause and pathogenic mechanism of the disease, which in turn will help identify new measures for prevention and treatment strategies. This course will explore scientific knowledge of childhood diseases, cardiovascular diseases in particular, and provide research guidance to help students develop accurate understanding of such knowledge and acquire the ability to discover unexplained causes and mechanisms as well as the skills for planning, performing, and reporting the results of experiments necessary to do so.

School Health Nursing, Nobuko Endo, Professor

1) Research on the current analysis of and countermeasures for various issues related to school health and school health nursing/caregiving.
2) Research on youth health issues and assessment of school nurse teachers.
3) Research on methods and systems (proposals and developments) for solving problems and developing health observation, health counseling (including health counseling activities), and health guidance conducted in the field of school health or by school nurse teachers.
4) Research on the use of information and communication technologies (ICT) in school health

Human Growth and Health, Shigeho Tanaka, Professor

On the issues of nutritional condition (e.g., obesity and underweight) and lifestyle habits (e.g., physical activities, sedentary behaviors, sleeping patterns and diet) of children, students will learn methods of collecting and interpreting scientific knowledge, methods of evaluation and experiment planning, and how to interpret the results. Through these activities the students will work to understand the issues related to children's obesity and lifestyle habits and to improve their abilities to identify and solve issues.

School Welfare, Kouichiro Fukada, Professor

Today's schools are places where multi-layered welfare problems, including poverty, abuse, and developmental disabilities, are concentrated. On the basis of schools, which serve as junctions between home and community, this course aims to study theories and methods to recognize the two-way interaction between the welfare function of education and the educational function of welfare clearly, and thereby allow the responsible persons, such as schoolteachers and social workers, to perform practical skills. Research guidance will be provided for practical contemplation of how to proceed with future cooperation between schools and communities.

Overview of the Highly Skilled Human Resource Development Program

It is extremely important for graduate students to become familiar with nutrition and food to enable them to be active in fields related to people's health, especially nutrition-related fields. However, human resources with a high level of social contribution who further learned other advanced expertise and skills and can fully apply them are currently needed.

In the Health Sciences Major, we prepare specialized coursework that emphasizes implementation to enable students to fully utilize in real society the things they learned as undergraduates, mainly consisting of book learning, in each of the three fields, and develop human resources who have acquired more advanced expertise and skills in accordance with the "Aim of Development" and "Characteristics of the Study Method" indicated below. In other words, we develop students who are masters (Health Sciences) with abundant practical experience and the ability to utilize fully their ability to respond to the various situations that can arise in contemporary society, by having them take required and elective courses in the master's program and engage in long-term training outside the university as specified by the individual program.

In the Nutrition Support Clinical Laboratory Technician Program, students can acquire eligibility for the national exam to become a registered dietitian. Please see the description of the Dietitian Practical Experience Program on page 30 of Japanese guideline for details.

Field	Health Sciences	Clinical Pathological Biochemistry
Specialized Program	Regional Health Promotion Support Program	Nutrition Support Clinical Laboratory Technician Program

Aim of Development	Japan has become a super-aged society, and promotion of health for the elderly is now a significant issue for the country. In recent research, it has been pointed out that there is a state of frailty (infirmity) between a healthy state in which elderly people can live independent lives, and a state of requiring support and care. During this period, it is possible for the individual to return to a healthy state through appropriate intervention by others close to the individual, who notice the changes. Two major factors that advance the frailty are sarcopenia (muscle loss and muscle weakness) and undernutrition, and we know that health condition worsens when both factors work in combination and the individual falls into the frailty cycle. Today, it is anticipated that aging will accelerate even more in the future, so it is necessary to train specialists who are able to support. This program aims to develop human resources who understand the actual circumstances in regions where aging is advancing, and can plan, implement, and evaluate health promotion in accordance with wants and needs from a specialized perspective.	Although the work of clinical laboratory technicians is diverse, in order to become active as a member of an NST (nutrition support team) in hospitals, it is important to acquire knowledge as a registered dietitian and to understand the relevant duties. Human resources capable of understanding examination work (devices, inspections, management, etc.) in hospitals and correctly analyzing and evaluating the inspection results, as well as enabling collaboration between both specializations that can respond individually to the patient's nutritional status are extremely rare and in high demand worldwide. This program aims to send much-needed medical staffs into society by developing clinical laboratory technicians master's (Health Sciences) who can contribute to nutrition management for the healthcare innovative manner. Qualified clinical laboratory technicians and dietitians learn about nutrition guidance methods while participating in some investigation tasks and aim to acquire eligibility for the national exam to become a registered dietitian.

Characteristics of the Study Method	This program emphasizes the acquisition of implementation skills, mainly through practical training, in health promotion classes, etc., which combine exercise and nutrition for middle-aged and elderly people in complexes and regions in which aging is advancing.	In the first year, students conduct work related to nutrition guidance while utilizing their knowledge as clinical laboratory technicians under the guidance of registered dietitians at on-campus facilities (in addition to nutrition guidance support, testing of test bodies needed to manage the health of patients, data aggregation, etc.). In the second year, students continue to conduct research activities at on-campus facilities, or at other hospitals, universities, or research institutes. Saturday and evening courses are also available, and students can acquire eligibility for the national exam to become a registered dietitian by accumulating practical experience as dietitians for one year.
Students We Seek	(1) Students advancing straight from an undergraduate program to a master's program (2) Students from an area related to health promotion (3) Graduates or students who are expected to graduate and who are interested in health promotion that combines exercise and nutrition, such as health promotion centers, health-related groups, etc.	Individuals expected to acquire eligibility for the national exam to become a clinical laboratory technician in the Nutrition Sciences Major of the University's Department of Health and Nutrition, or graduates certified as clinical laboratory technicians
Main Assigned Faculty Members	Yoshinori Kaneko, Professor (Gymnastics Methodology)	Naoko Ikoshi, Professor (Clinical Biochemistry) Akiko Fukushima, Professor (Molecular Biology)

Doctoral Program <Nutrition Sciences Degree Program >

1. Purpose and Content

Nutrition Sciences is a comprehensive and multifaceted academic field that explores food, humans, their relationship, and all factors in their environment aimed at ensuring growth and development from human birth to old age, slowing aging, healing illnesses, and promoting the health of healthy people, etc. The study of all stages of life, all steps in the process of treating diseases, and all health conditions and physical functions can be approached from the perspective of nutrition sciences, and research is conducted at a variety of levels, including human genetics, cells, organizations, organs, individuals, and groups, etc. The importance of nutrition science as an academic field that contributes to extending healthy lives in societies with a low birthrate and an aging population, and in the sustainable growth of the international community, and other social issues, is growing even more.

However, it still cannot be said that nutrition research that responds to such needs of society, in particular research related to nutrition science that is directly tied to people's health, is sufficient, so it is necessary to develop researchers in nutrition and promote such research.

In 1989, Japan Nutrition University was the first private university to offer a three-year doctorate in nutrition sciences as a response to those circumstances, in order to contribute further to society from the perspective of utilizing nutrition and food to prevent the onset or worsening of lifestyle-related diseases, and of maintaining and improving societal living functions throughout people's lifetimes. We have continued to engage in those efforts since that time.

This program helps students to develop the advanced research capabilities required to conduct research as a researcher in their areas of specialization, and the deep academic knowledge that serves as the foundation, and to plumb those depths. Education is conducted solely through research guidance. In addition, necessary research guidance can be conducted at night or other specific times, or at other graduate schools or research laboratories, etc., in accordance with discussions with those organizations.

2. Enrollment capacity: 3 students (Total capacity: 9)

3. Standard length of course of study: 3 years

4. Degree: Doctorate (Nutrition)

Doctoral degrees (Nutrition) are awarded to students who have been enrolled in the doctoral program for at least three years, received the necessary research guidance, passed a doctoral dissertation review and a final examination, and received certification of completion of the program.

5. Education

The configuration of the area (subject) of specialization, faculty organization, and areas of research guidance are as indicated in Table 1 and Table 2 below. Research guidance is provided by the main advisor, and as necessary, secondary advisors (no more than two).

Research Guidance Area

Table

The areas (subjects) of research guidance and the names of the assigned faculty members for recruitment of students in the new academic year are as indicated in the table below. Main advisors are to be selected from among the assigned faculty members indicated in the table, and secondary advisors should be selected with the guidance and advice of the main advisor as necessary.

Field	Area (Subject)	Assigned faculty members	Overview of Research Guidance
I Nutrition Sciences (Unique)	Nutritional Physiology	Kazuhiro Uenishi, Professor	(1) Basic examination of dietary reference intakes centered on minerals. (2) Relationship between milk/dairy products and health is analyzed through epidemiological and interventional studies. (3) Relationship between sports and nutrition, mainly on anemia and stress fractures, will be reviewed and analyzed. (4) The lifestyle and physical conditions during the growth period will examined from cross-sectional and longitudinal perspectives.
	Food Services Management・Nutrition Management	Hiromi Ishida, Professor	(1) Research on nutritional management using food management according to each life stage (2) Research on nutritional management systems at food service facilities (3) Research on food service management at food service facilities
	Nutrition Education	Fumi Hayashi , Professor	Conduct research on nutrition education and the creation of food environments based on behavioral science, selecting from the following themes: ① Research on the decision-making process behind eating behavior and its associated factors ② Research on the creation and evaluation of food environments based on behavioral science ③ Research on supporting behavioral change through nutrition education and nutrition counseling

II Biological Sciences	Biochemistry	Hisanori Kato Professor	Biological Sciences 1) To elucidate the mechanisms of action of food components effective for health promotion and disease prevention using cultured cells and laboratory animals. 2) To clarify the effects of nutrition and intake of food components during pregnancy on the risk of diseases in the offspring using laboratory animals.
III Food Culture and Nutrition Sciences	TBD	TBD	TBD
IV Food Sciences	Economics of Food System	Yasuhiro Nakashima, Professor	The aim of this course is to train students to be able to analyze the reality of today's food consumption and agriculture as well as food manufacturing, distribution, and service sectors from the viewpoint of food systems and to identify emerging challenges. To this end, students will acquire the knowledge, literacy, and socio-scientific analytical skills to accurately understand the related statistics and administrative and business information. On this basis, students will verify food and agriculture policies and food businesses that contribute to improving health and nutrition and pursue research to develop new proposals, while conducting analysis of dietary education activities, collaboration between agriculture and social welfare, and partnership between producers and consumers.
	Food Preparation Function	Yukie Yanagisawa, Professor	People cook food to achieve various forms, physical properties, and tastes, to meet the nutritional, physiological, and taste demands of the target (i.e. individuals who will eat the food). This course, Food Preparation Function, will focus on the following two themes, building on the student's research in the masters' program. (1) Study of cooking methods and food choices from a masticatory perspective to suit the eating function of infants and the elderly

			(2) Study of how to acquire functional cooking skills by incorporating motion analysis

Doctoral Program <Health Science Program>

1. Purpose and Content

Health promotion that asserts the necessity of individual, autonomous maintenance and improvement of health, and the establishment of the required environment, is extremely important as a strategic process in today's medical and healthcare fields. In particular, as Japan has become a super-aged society, there is a profound need for the development of young researchers who can propose and implement reliable strategies regarding health (promotion), and for the enhancement of the research support structure for this. Since the beginning of the 21st century, and especially in recent years, there have been dramatic technological innovations in a variety of areas. On the other hand, a variety of problems have also arisen on a worldwide scale, so it is necessary to work toward the protection of the Earth's environment and conversion to a sustainable society. In research in the medical and healthcare fields as well, it is vital that we develop the next generation of researchers who can collect and analyze information internationally and respond in a flexible manner, from the fundamentals to application, to application, with a global perspective, in order to cope with various emerging and reemerging health issues such as infectious diseases, non-communicable diseases (NCDs), and environmental issues. In other words, it is important that graduate students obtain accurate information while in school, discuss research plans and implementation methods for research projects, and also learn the importance of mutual enlightenment and mutual understanding between researchers, which is required to stimulate research. In addition, we must not forget the development of high ethical standards as we cultivate human resources who aim for well-being.

This program utilizes research in three areas that are considered particularly important for the promotion of health in order to help students cultivate the advanced research capabilities they will need to adopt such perspectives and conduct research activities in the future as specialists in each area, as well as ensuring that students develop the abundant academic knowledge that will serve as a foundation for this, with the aim of plumbing the depths of that knowledge. In other words, we develop outstanding researchers in 1) areas related to health sciences implemented on a regional basis, 2) the area of clinical pathological biochemistry related to understanding health conditions and clinical states objectively, i.e. the foundation of bio-medicine, and 3) the area of practical school health science that considers the promotion of the health of the children who will lead the next generation.
Education in the doctoral program is actually conducted under a collaborative guidance structure that

involves faculty members from three fields; this structure is implemented through research guidance and seminars on priority issues held by advisors in each of the research areas. In addition, throughout the entire major, seminars on writing doctoral dissertations are held each year, and advice and guidance are also provided by faculty members who are not the student's advisors regarding each doctoral student's research plan, testing and investigation methods, etc. In addition, necessary research guidance can be given at night or at other specific times, or in specific ways (e.g. online), or at other graduate schools or research laboratories, etc., following discussions with those organizations.

2. Enrollment capacity: 3 students (Total capacity: 9)

3. Standard length of course of study: 3 years

4. Degree: Doctorate (Health Sciences)

Doctoral degrees (Health Sciences) are awarded to students who have been enrolled in the doctoral program for at least three years, earned three credits in priority issue seminars in course work, received the necessary research guidance, passed a doctoral dissertation review and a final examination, and received certification of completion of the program.

5. Education

The configuration of the area (subject) of specialization, faculty organization, and areas of research guidance are as indicated in Table 3 and Table 4 below. Research guidance is provided by the main advisor, and as necessary, secondary advisors (no more than two).

Research Guidance Area

Table

The areas (subjects) of research guidance and the names of the assigned faculty members for recruitment of students in the new academic year are as indicated in the table below. Main advisors are to be selected from among the assigned faculty members indicated in the table, and secondary advisors should be selected with the guidance and advice of the main advisor as necessary.

Field	Area (Subject)	Assigned faculty members	Overview of Research Guidance
I.Health Sciences	TBD	TBD	
Ⅱ Clinical Pathological Biochemistry	Immunology	Kenichi Ishibashi, Professor	This course will examine immune responses, such as activation of immune cells and mucosal immunity, to microbial components widely present in our everyday environment and foods as well as food components we consume. Furthermore, students will study such activation mechanisms to scientifically elucidate their immunoregulatory effects and their impact on immune-related diseases including infections and allergies.
III Practical School Health Sciences	Applied School Health Nursing	Nobuko Endo, Professor	(1) Research on the use of information and communication technologies in school health (2) Research on the training of nursing teachers and the improvement of their expertise - Education in physical and health assessments - Emergency systems and first aid at schools - Health instructions and health education provided by nursing teachers - Research on the use of ICT in school health (3) Research on methods and systems (proposals and development) for solving problems and developing health observation, health counseling (including health counseling activities), and health guidance conducted in the field of school health or by nursing teachers. (4) Research on planning, operation, and evaluation of practical activities conducted by nursing teachers.

	Human Growth and Health	Shigeho Tanaka, Professor	On the health issues related to physical activities and other lifestyle habits associated with growth and aging, students will work on problem identification, hypothesis formulation, understanding of past relevant researches, and planning of survey methods while relating the issues to their own research themes. In addition, the students shall compile expected results and background knowledge. The students will then gain experience on learn about scientific methods through these activities.

APPLICATION GUIDELINE FOR THE YEAR 2027

The Kagawa Nutrition University will open its door to all gender students under the new name of the Japan Nutrition University(JNU), effective April 2026.

Master Program

■Qualification

The qualifications for admission are as follows. (male and female alike)

1. Individuals who have graduated from a university as stipulated in Article 83 of the School Education Act and individuals who are scheduled to graduate by the end of March 2026.

2. Individuals who have earned a bachelor's degree as stipulated in Article 104, Paragraph 4 of the School Education Act and individuals who are scheduled to graduate by the end of March 2026.

3. Individuals who have completed 16 years of school education overseas and individuals who are scheduled to complete it by the end of March 2026.

4. Individuals who, while residing in Japan, have completed 16 years of education through correspondence courses conducted by schools overseas and individuals who are scheduled to complete it by the end of March 2026.

5. Individuals designated by the Japanese Minister of Education, Culture, Sports, Science and Technology.

6. Individuals who have been accredited through individual screening of qualifications for admission to the Graduate School of JNU, who have been judged to have academic credentials equivalent to a bachelor's degree or higher, and who have reached 22 years old or will reach 22 years old by the end of March 2026.

7. Individual screening of qualifications for admission will be conducted for applicants who did not graduate from a university but graduated from a junior college, a college of technology, a specialized training college, the Japanese campus of a foreign university, or a school for foreigners, etc.

Note 1 International applicants must contact the Graduate School Academic Office prior to submitting the application form.

■The number of the students to be admitted

Nutrition Sciences Program	12
Health Science Program	8

■Application procedures

1) International applicants residing in Japan

Applicants must complete the documents specified in (a) - (i) below, place them in the envelope stipulated by JNU, with “Application Enclosed” written in red, and submit them to the Graduate School Academic Office with the application processing fee (JPY25,000).
If you send application form by mail, the application processing fee must be sent by postal money order, with the recipient entry left blank.

(a) Admission Application Form (Use the form stipulated by JNU. Enter the items enclosed in bold lines. /ANNEX1)

* Enter your current age
* If you will apply for a scholarship, please mark “Yes” and see page 29-30.

(b) Diploma (or certificate of scheduled graduation) and academic transcript issued by the school from which the applicant graduated.
(c) Two photos of the applicant (4 cm x 3 cm), taken within the past three months
(d) Two envelopes designated by JNU with 748 yen worth of stamps affixed (The envelopes is possible to be acquired at academic section of JNU)
(e) Curriculum vitae on the attached form (ANNEX2).
(f) Letter of recommendation from the university you graduated
(g) Copy of Passport
(h) Copy of Residence Card (both front and back)
(i) Certificate of Residence with the residency status and eligible period of stay in Japan. (Original)

2) International applicants residing overseas

The required documents will be a), b), c), e), f) and g) only. Send all documents via e-mail. (JNUintlo@eiyo.ac.jp) Please contact the International Office for the payment of the application processing fee.

■Application period and location

1. Application period

Semester 1	September 28th (Mon) to October 2th (Fri), 2026
Semester 2	December 21th (Mon) to January 8th (Fri) in 2027

2. Location

Japan Nutrition University Graduate School Academic Office

3-9-21 Chiyoda, Sakado, Saitama, Japan 350-0288

Phone: +81-(0)49-284-6245

Fax: +81-(0)49-284-6410

■Examination Date

Semester 1	October 13th , 2026 (Tuesday) and October 14th , 2026 (Wednesday)
Semester 2	January 19th , 2027 (Tuesday) and January 20th , 2027 (Wednesday)

■Test subjects and schedule

	Subject	Time
Day 1	English: 75 minutes	9:30 A.M. to 10:45 A.M.
	Specialized subject: 60 minutes (written test)	11:00 A.M. to 12:00 P.M.
Day 2	Interview	From 9:30 A.M～

(Remarks)

1. Applicants will enter the classroom at least 15 minutes prior to the start of the examination. The examination classroom will be posted on the bulletin board on the day of the examination.
2. Dictionaries is allowed to use for foreign language subjects. (Electronic dictionaries and technical terminology dictionaries are prohibited.)
3. Screening of qualifications will be conducted for foreign students. The date and time of the screening shall be announced when sending an admission ticket.
4. If there are a large number of applicants, interview planned for Day 2 may be conducted on Day 1, after completion of the specialized subject.
5. Instead of taking the English exam conducted by Japan Nutrition University as part of its entrance selection, applicants may present their score on an external English proficiency test, which will be converted to an equivalent score of the University's English exam. External English proficiency tests that are acceptable as an alternative to the University's English exam are TOEIC, TOEFL, iBT, IELTS, and Eiken. (Any score date is acceptable) Scores of other tests will not be accepted. Not all scores can be converted, so please refer to the English Proficiency Score Conversion Table of the Graduate School of Japan Nutrition University. (https://www.eiyo.ac.jp/uploads/2024/06/scoreconversion.pdf).

   Applicants who wish to use an external English proficiency test score must submit a copy of the official score certificate or test certificate, which will be accepted regardless of the certification date. The original copy must be confirmed on the day of the entrance exam.

Selection method: Selection will be based on the results of the examination and interview and the academic transcript of the university from which the applicant graduated.
Location of the examination: Japan Nutrition University, Sakado Campus.

■Announcement of application results

Semester 1	October 19th , 2026 (Monday)	10:00 A.M.
Semester 2	January 22th , 2027 (Friday)	10:00 A.M.

Acceptance/rejection notices will be delivered at the Graduate School Academic Office to applicants who bring their admission ticket. The acceptance/rejection notice will be sent by mail to all others. Telephone inquiries regarding results will not be accepted.

●Admission Procedures

Successful applicants who are admitted to the graduate school will pay tuition via bank transfer by the deadline below in order to complete the admission process.

Deadline:

Semester 1	October 30th , 2026 (Friday)
Semester 2	February 5rd , 2027 (Friday)

Admission will be canceled if the admission procedure is not completed by the deadline.

* International students residing in Japan are required to obtain residence cards with student status and submit them on the day of the entrance ceremony. Resident certificates indicating resident status and the period of residence must also be submitted. Admission will be canceled if the student is not able to obtain a residence card.
* The JNU International Office will be responsible to acquire for certificates of eligibility on behalf of international students residing in overseas. Please be sure to submit the required documents on time as instructed by the International Office.

Total school expenses for the 2027academic year

Enrollment fee	JPY200,000
Tuition (yearly)	JPY528,000 (Two installment payments)
Research and education fee (yearly)	JPY521,000 (Two installment payments)
Facility cost (yearly)	JPY23,000 (Two installment payments)
Total for the first year (Total payment of the first installment)	JPY1,272,000 (JPY736,000)

1. Research and education fees and the facility costs for the second academic year on will be determined in the next academic year.
2. The enrollment fee will be waived for students who enrolled in the Kagawa Education Institute of Nutrition and were admitted to a master's program.
3. In the case of students who graduated from Kagawa Education Institute of Nutrition who apply to the JNU Graduate School, 25% of the tuition will be waived.

Long-term Study Plan System

The long-term study plan system is a system to complete a master's program in three years. It is for students who engage in work, caregiving and Childcare and find it difficult to complete a master's program in two years. The school expenses paid over three years is the same as that of the two-year master's program.

Study period: Three years from the time of admission
The number of students admitted: 4 students or less total in Nutrition Science and Health Science combined

Application process: The application form for the long-term study plan system indicating the research plan and planned course acquisition with the guidance of the proposed research advisor, with documents attesting to employment attached and any evidence of employment must be submitted together with the application of the entrance exam.

1) Be sure to indicate the request to apply for the long-term study plan system on the admission application form.
2) The remarks on the long-term study plan system application form will be entered by the proposed research advisor.
3) Students are eligible to submit a long-term study plan system application after admission. In such cases, the application must be submitted by the end of January of the first year of enrollment. School expenses will be adjusted beginning in the second year.
4) The study term cannot be shortened after the long-term study plan application has been submitted

School expenses
See the table below.

Enrollment fee	JPY200,000
Tuition (Yearly)	JPY352,000 (Two installment payments)
Research and education fee (yearly)	JPY347,400 (Two installment payment)
Facility cost (yearly)	JPY15,400 (Two installment payments)
Total for the first year (Total payment of the first installment)	JPY914,800 (JPY557,400)

JPY30,000 will be paid in addition to the school fee as a Koyukai (college reunion) registration fee.
1. Research and education fees and the facility costs for the second academic year on will be determined at a later date.
2. The amount paid by students who are enrolled over an extended period of time (three years or more starting at the time of enrollment) will be the same as the general school expense.

【In line with Japan's government policy, we have introduced a deferred tuition fee payment system for master's level students】 授業料後払い制度

This system allows students to pay their tuition after completing the program. The Japanese government pays the tuition during the student's enrollment, so the student can pay it back according to their income level after completing the degree.
Applicants who wish to use this system need to submit the "Application Form for Deferred Tuition Payment System for Master's Level Students" together with their application documents. Please contact the International Office for further information.

[Points to Note]
・Of all the school expenses　paid to the University, only the Tuition will be subject to deferred payment. Other school expenses (Enrollment fee, Research and education fee, Facility cost, Koyukai (Alumni Union) registration fee, etc.) will not be subject to deferred payment.

・Applicants must meet income and academic performance criteria equivalent to those for interest-free Category 2 scholarship loans provided by the Japan Student Services Organization (JASSO)　to be eligible for the Deferred Tuition Payment System. If you use the Deferred Tuition Payment System, you cannot use JASSO's Category 1 scholarship loans. Enrollment in the institutional guarantee system is mandatory for using the Deferred Tuition Payment System.

・You will need to make a formal application to JASSO after admission (around April). If it turns out that the Deferred Tuition Payment System rejects you for some reason, you must pay the Tuition (planned for deferred payment) to the University by yourself without delay.

Pre-screening of Qualifications for Admission

The following is the procedure for pre-screening qualifications for admission.

1. Required documents

a) Admission qualifications pre-screening application form (Use the form stipulated by JNU and submit it to the Graduate School Academic Office.

b) Essay on the objectives and motivation to apply (No format specified.)

c) Diploma and academic transcript issued by the school from which you graduated.

d) Curriculum vitae (ANNEX2)

e) Certificate verifying language capabilities2.

2. Application period

First Term	August 24th (Mon) to August 28th (Fri) 2026
Second Term	November 16th (Mon) to November 20nd (Fri) 2026

3. Location

Japan Nutrition University Graduate School:3-9-21 Chiyoda Sakado, Saitama

4. Selection method

Document review (interviews will be conducted if necessary)

5. Announcement of Application results

September 11th , 2026 (Fri) and December 4th , 2026 (Fri)

Application will be notified of results individually, Applications who are certified as qualified for admission are eligible to apply for admission in Semester 1 or Semester 2.

Declining Admission after Completion of Admission Procedures

Students who desire to decline admission after completion of transferal of school expenses must follow the instructions below.

Deadline: March 31th, 2027 at 5:00 P.M., either in person or by mail is acceptable.

* Please note that no applications will be accepted after the deadline.

Notification procedure: Fill out the form designated by JNU to decline admission and repay school expenses and submit it together with the admission acceptance letter.

Repayment method: All expenses paid in the admission procedure except for the enrollment fee are repayable. The money transfer to the applicant's designated account will be completed by the end of April 2027.

Application address: Japan Nutrition University Graduate School

3-9-21 Chiyoda, Sakado, Saitama

Guideline for Application for the Second Term of the PhD Program

Qualifications for admission: The qualifications for admissions are as follows.
(Male or female students)

<April enrollment>
1. Individuals holding a master's degree or a specialized degree equivalent to a master's degree overseas or are scheduled to obtain a master's degree by the end of March, 2027
2. Individuals designated by the Japanese Minister of Education, Culture, Sports, Science and Technology
3. Individuals who have been accredited by the JNU Graduate School to have academic credentials equivalent to a master's degree or higher.

<October enrollment>
1. Individuals holding a master's degree or a specialized degree equivalent to a master's degree overseas or are scheduled to obtain a master's degree by the end of September, 2027
2. Individuals designated by the Japanese Minister of Education, Culture, Sports, Science and Technology
3. Individuals who have been accredited by the JNU Graduate School to have academic credentials equivalent to a master's degree or higher

International applicants fulfilling the requirements indicated above must inform the International Office prior to submitting the application form.

■The number of the students to be admitted:

April Enrollment	Nutrition Science Program	3
	Health Science Program	3
October Enrollment	Nutrition Science Program	A few students
	Health Science Program	A few students

■Application Procedures

1) International applicants residing in Japan

Applicants must complete the documents specified in (a) – (h) below, place them in the envelope stipulated by JNU, with "Application Enclosed" written in red, and submit them to the Graduate School Academic Office with the application processing fee (JPY25,000).

(a) Admission application form and admission ticket (ANNEX1 and ANNEX3)

(b) Diploma and academic transcript issued by the school from which the applicant graduated.

(c) A list of academic history after graduation from a university (e.g., the titles and dates of the applicants publications, such as books, papers, theses, presentations given at academic conferences)

(d) The summary of the master thesis. (or other thesis which can be replaceable for a master thesis)

(1) Use A4 paper with a limit of 500 words in total. If the thesis includes figures and tables, they can constitute no more than three pages.

(2) The first line of the cover page must be "Master's Thesis". Then, write the title of the thesis, the name of the school from which the applicant graduated, and the names of the department, the applicant's major, and the applicant's advisors.

(3) The order of sections must be cover page, summary, and figure and tables (if included), and the pages must be secured with a single staple at the upper left corner.

(4) 15 copies must be submitted. (The 15 copies can be sent separately from the application documents.)

(5) A projector will be able to use during the thesis presentation. To use the projector, consult with your planned research advisor and contact the Academic Office to reserve a projector in advance.

(e) Two photos of the applicant (5 cm x 4 cm) Portrait, without hat, taken within last three months.

(f) Curriculum vitae with JNU form (ANNEX2)

(g) Letter of recommendation from the university you graduated

(h) Copy of Passport

(i) Copy of Residence Card (both front and back)

(j) Certificate of Residence with the residency status and eligible period of stay in Japan. (Original)

2) International applicants residing in overseas

The only documents required for international applicants residing overseas are the same as above. Send all documents via e-mail. (Knuintlo@eiyo.ac.jp) Please contact the International Office regarding payment of the application processing fee.

1. Application period

April enrollment	February 1st (Monday) to February 6th (Saturday) 2027
October enrollment	July 5rd (Monday) to 9th (Friday) 2027

* The application must arrive at JNU during the above period. For the applicants who live in oversea

is allowed to send all the required documents by e-mail.

2. Location

Japan Nutrition University Graduate School Academic Office

3-9-21 Chiyoda, Sakado, Saitama, Japan 350-0288

Phone: +81-(0)49-284-6245

Fax: +81-(0)49-284-6410

■Examination Date

April enrollment	February 16th , (Tuesday) and February 17th (Wednesday) 2027
October enrollment	July 20th (Tuesday) and July 21th (Wednesday) 2027

■Test subjects

	Subject	Time
Day 1	English: 75 minutes	9:30 A.M. to 10:45 A.M.
	Specialized subject: 75 minutes	11:00 A.M. to 12:15 P.M.
	Presentation of master's thesis or other research in lieu of a master's thesis	From 1:30 P.M. (15-minute presentation per applicant, 15 minutes of questions and answers)
Day 2	Interview	From 9:30 A.M.

(1)Applicants will enter the classroom at least 15 minutes prior to the start of the examination. The examination classroom will be posted on the bulletin board on the day of the examination.

(2) Dictionaries may be used for foreign language subjects. (Electronic dictionaries and technical terminology dictionaries are prohibited.)

(3) Examinations for specialized subjects will be given as written/oral examinations related to the applicant's proposed research field.

(4) Applicants who graduated (or are scheduled to graduate) from a master's program at JNU are exempted from presentation of a master's thesis or other project conducted in lieu of a master's thesis.

(5) Depending on the number of applicants, interviews scheduled for Day 2 may be conducted on the afternoon of Day 1.

(6) Instead of taking the English exam conducted by Japan Nutrition University as part of its entrance selection, applicants may present their score on an external English proficiency test, which will be converted to an equivalent score of the University's English exam. External English

proficiency tests that are acceptable as an alternative to the University's English exam are TOEIC, TOEFL, iBT, IELTS, and Eiken(Any score date is acceptable) Scores of other tests will not be accepted. Not all scores can be converted, so please refer to the English Proficiency Score Conversion Table of the Graduate School of Japan Nutrition University.
(https://www.eiyo.ac.jp/uploads/2024/06/scoreconversion.pdf).
Applicants who wish to use an external English proficiency test score must submit a copy of the official score certificate or test certificate, which will be accepted regardless of the certification date. The original copy must be confirmed on the day of the entrance exam.
(7) The test schedule for international applicants differs from the above, so applicants will be notified when they are sent the admission ticket.
(8) Screening of qualifications will be conducted for foreign students. The date and time of the screening shall be informed when sending the admission ticket.

■Selection method

Selection will be based on the results of the examination and interview and the academic transcript of the university from which the applicant graduated.

■Location of the examination

Japan Nutrition University, Sakado Campus

【Announcement of application results】

April enrollment	February 19th , 2027 (Friday)	10:00 A.M.
October enrollment	July 23th , 2027 (Friday)	10:00 A.M

Acceptance/rejection notices will be delivered at the Graduate School Academic Office to applicants who bring their admission ticket between 10:00 A.M. and 5:00 P.M. on the date indicated above. The acceptance/rejection notice will be sent by mail to all others. Telephone inquiries regarding results will not be accepted.

■Admission Procedures

Successful applicants who are admitted to the graduate school will pay the school expenses stipulated in the table via bank transfer by the deadline below in order to complete the admission process.. Please be aware it will be necessary to present a driver license, passport, or other identification documents when you conduct money transfers exceeding JPY100,000 at the bank counter.

【Payment Deadline】

April enrollment	March 5th , 2027 (Friday)
October enrollment	August 6th , 2027 (Friday)

Admission will be canceled if the money transfer is not completed by the above deadline. See page 9 for details on declining admission.

* International students residing in Japan are required to obtain residence cards with student status and submit them on the day of the entrance ceremony. Resident certificates indicating the resident status and the period of residence must also be submitted. Admission will be canceled if the student is not able to obtain a residence card.

* The JNU International Office will conduct procedures for certificates of residence on behalf of international students residing overseas. Such students must submit the required documents in on time as instructed by the International Office.

School expense for Semester 2 of the PhD Program, AY2026

Enrollment fee	JPY200,000
Tuition (Yearly)	JPY528,000 (Two installment payments)
Research and education fee (yearly)	JPY521,000 (Two installment payments)
Facility cost (yearly)	JPY23,000 (Two installment payments)
Total for the first year (Total payment of the first installment)	JPY1,272,000 (JPY736,000)

JPY30,000 will be paid in addition to the school fee as a Koyukai (Alumni Union) registration fee.

1. Research and education fees and the facility costs for the second academic year will be determined at a later date.
2. Half of the enrollment fee will be waived for students who enrolled the Kagawa Education Nutrition Institute and were admitted to the PhD program.
3. The entire enrollment fee will be waived for students who applied to the PhD program soon after the completion of a master's program at JNU.

●Tuition

The tuition of PhD students who have outstanding character and excellent academic achievement will be reduced for the purpose of economic support and the promotion of research.

●Special waiver of tuition

Semester 2 tuition of applicants will be waived in the first year. All tuition will be waived in the

second and third years. The application must be submitted after admission.

●Scholarships

Various scholarships are available. Contact the International Office(Knuintlo@eiyo.ac.jp) for details.